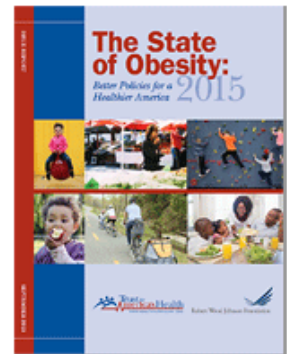




**Division of Nutrition, Physical Activity, and Obesity**  
**FY 2018 Labor HHS Appropriations Bill**  
**Centers for Disease Control and Prevention (CDC)**  
**National Center for Chronic Disease Prevention and Health Promotion**

	2015	2016	2017	2018 TFAH
Division of Nutrition, Physical Activity, and Obesity (DNPAO)	\$47,585,000	\$49,920,000	\$49,920,000	\$61,000,000
High Obesity Rate Counties	\$7,500,000	\$10,000,000	\$10,000,000	\$12,720,000

**Background:** According to the *State of Obesity 2016*, U.S. adult obesity rates decreased in four states (Minnesota, Montana, New York, and Ohio), increased in two (Kansas and Kentucky), and remained stable in the rest between 2014 and 2015. This marks the first time in the past decade that any states have experienced decreases - aside from a decline in Washington, D.C. in 2010. However, rates remain dangerously high - more than two-thirds of American adults are overweight or obese (68.6 percent). The result is millions of Americans at higher risk for hypertension, high cholesterol, type 2 diabetes, heart disease, certain cancers, and many other negative health consequences. Obesity also is one of the biggest drivers of preventable chronic diseases and health care costs in the United States. Currently, estimates for these costs range from \$147 billion to nearly \$210 billion per year. Obesity disproportionately impacts racial and ethnic minorities, low-income Americans, and those living in the South and Midwest.



**Impact:** In recent years, Division of Nutrition, Physical Activity, and Obesity funding has primarily supported State Public Health Actions to Prevent and Control Diabetes, Heart Disease, Obesity, and Associated Risk Factors and School Health (1305 grants), four-year cooperative agreements with 50 state health departments and the District of Columbia (D.C.). Only 32 states are currently funded to deploy enhanced strategies related to obesity prevention. This budget line also supports a component of the Good Health and Wellness in Indian Country program, which currently supports 12 American Indian tribes and 11 Tribal Organizations. Set-aside funding in FY15 for high-obesity rate counties (counties with a greater than 40 percent prevalence) supported programs in 33 counties across eight states and reached 1.6 million residents. However, the program only reaches one quarter of eligible counties (33 of 135 counties) in less than half of states (8 of 17 states with eligible counties).

**Recommendation:** Increased funding in FY18 by \$11.08 million would permit CDC to provide enhanced support to 18 states and D.C. to deploy interventions focused specifically on improving nutrition and promoting physical activity. It also would help support additional funding for the work being done in high-obesity rate counties.

# Adult Obesity Rate by State, 2014

Select years with the slider to see historical data. Hover over states for more information. Click a state to lock the selection. Click again to unlock.

## Percent of obese adults (Body Mass Index of 30+)

0 - 9.9%   10 - 14.9%   15 - 19.9%   20 - 24.9%   25 - 29.9%   30 - 34.9%   35%+

